



WEST VIRGINIA  
**PEER RECOVERY**  
Support Services Conference

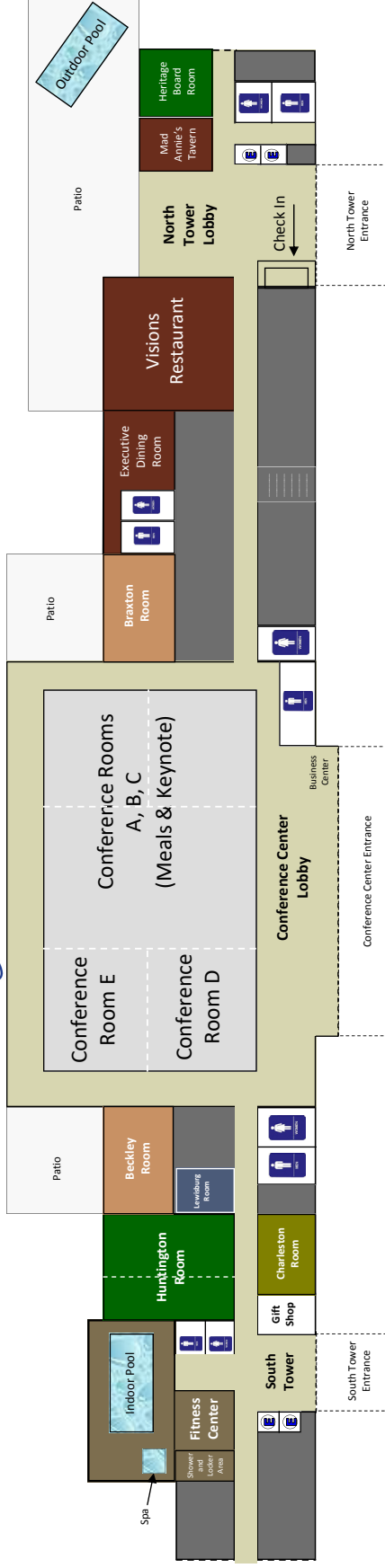
**Addressing the Opioid Crisis with  
Peer Recovery Support Services**

**April 16-17, 2019**

Flatwoods Days Inn & Suites, Sutton, WV

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Hosted by:  
West Virginia Department of Health and Human  
Resources Bureau for Behavioral Health



### SOUTH TOWER

- Indoor Pool
- Fitness Center
- Spa
- Gift Shop

### CONFERENCE CENTER

- A,B,C,D,E Conference Rooms
- Huntington Room
- Charleston Room
- Beckley Room
- Braxton Room
- Lewisburg Room

### NORTH TOWER

- Hotel Registration
- Camping Registration
- Vision's Restaurant
- Mad Annie's Tavern
- Outdoor Swimming Pool
- Heritage Board Room

### 2nd Floor North Tower

- Wheeling Room
- Bridgeport Room

# Welcome

## Welcome to the Peer Recovery Support Services Conference.

Over the next couple days, you'll learn more about the role of peer recovery coaches from national and locally recognized speakers. You will increase your intervention skills by practicing methods such as motivational interviewing and developing skills necessary to coach others. You will also hear more about ethical guidelines and boundaries for peer recovery coaches.

This conference is designed for you. We challenge you to explore the complex issues associated with building and working in a peer recovery system. We encourage you to explore new partnerships and liaisons. We invite you to enjoy this time together with your peers. We are so glad you're here!



**Wi-Fi Code:**  
Hotel@67



## Around the Area

Need something? If the Hotel Gift Shop does not have it, Walmart is located across Route 4 (behind the Pilot Station).

### Directions:

1. Head north on Days Dr. toward Dyer Hill Rd.
2. Turn left to stay on Days Dr.
3. Turn right onto WV-4 N.
4. Turn left onto US-19 S/Scott Fork Rd.
5. Follow the road past the Pilot and Factory Outlet Mall.
6. Walmart is behind the Outlet Mall on your left.



## Resource Room

Visit our resource room (Braxton Room) where you will find valuable fact sheets, pamphlets, and tool kits in the areas of Treating OUD during Pregnancy; Treating babies exposed to opioids; addressing OUD and Mental Illness; Overdose toolkit; tobacco cessation, and more. Copies are available to take home as well as website links where you can find additional information.



## Flatwoods Factory Outlet Stores:

- BonWorth
- Bulk Foods (Farmers Market)
- China Buffet
- Diamond Nail Salon
- Dress Barn
- Everything Fiesta
- Famous Footwear
- Wild Vine and Spirits
- L'eggs/Hanes/Bali/Playtex
- Lost Road Candles
- Tools & More



## Local Dining Options

- Shoney's
- China Buffett located at the Outlet Mall
- Waffle Hut
- El Gallo Mexican Restaurant at the Outlet Mall
- Wendy's
- Moe's Southwest Grill located inside of the Pilot
- Taco Bell
- McDonalds
- Visions

## CONFERENCE AT-A-GLANCE

MONDAY, APRIL 15, 2019					
6:00 pm - 8:30 pm	Registration (Conference Center Lobby)				
7:00 pm - 9:00 pm	Evening Networking Ice Cream Reception (Conference Room A, B, C)				
TUESDAY, APRIL 16, 2019					
7:30 am - 8:30 am	Registration (Conference Center Lobby)				
8:30 am - 9:30 am	Welcome & Opening (Conference Room A, B, C) Bob Hansen, Director, WV DHHR Office of Drug Control Policy Christina Mullins, Commissioner, WV DHHR Bureau for Behavioral Health				
	Keynote: Recovery As the Expected Outcome William Stauffer, LSW, CCS, CADC, Executive Director, Pennsylvania Recovery Organization – Alliance (PRO-A)				
9:30 am - 9:45 am	Break (Conference Center Lobby) Resource Room (Braxton Room)				
9:45 am - 10:45 am	BREAKOUT SESSION A				
	Conference Room D A1 - Motivational Interviewing: Helping People Change (1 of 3)	Conference Room E A2 - Ethics and Boundaries for Peers	Huntington Room 1 A3 - Peers in the Justice System - Looking through the Eyes of the Administration and the Peers	Huntington Room 2 A4 - Stigma and the Impact on Recovery	Charleston Room QRT Meeting (Closed Meeting)
10:45 am - 11:00 am	Break (Conference Center Lobby) Resource Room (Braxton Room)				
11:00 am - 12:00 pm	BREAKOUT SESSION B				
	Conference Room D B1 - Motivational Interviewing: Helping People Change (2 of 3)	Conference Room E B2 - Ethics and Boundaries Case Examples	Huntington Room 1 B3 - Re-Entering Offenders - Connecting with Resources	Huntington Room 2 B4 - Supervising Peers and Integrating Peer Resource Toolkits	Charleston Room QRT Meeting (Closed Meeting)
12:00 pm - 1:30 pm	Lunch and Panel: All Paths to Recovery / Incorporating MAT into Peer Recovery Support Services (Conference Room A, B, C) Karen Dominick, PRSS, FMRS Health Systems, Inc.; Dan McCawley, PR, WV PEERS; Lou Ortenzio, MD, Clarksburg Mission				
1:30 pm - 3:00 pm	BREAKOUT SESSION C				
	Conference Room D C1 - Motivational Interviewing: Helping People Change (3 of 3)	Conference Room E C2 - Ethics and Boundaries for Supervisors	Huntington Room 1 C3 - Responding to OD Survivors; ED-based Peers (1 of 2)	Huntington Room 2 C4 - Overview: Treating SUD in the Pregnant and Postpartum Population	Charleston Room QRT Meeting (Closed Meeting)
3:00 pm - 3:15 pm	Break (Conference Center Lobby) Resource Room (Braxton Room)				

3:15 pm - 4:45 pm	BREAKOUT SESSION D				
	Conference Room D	Conference Room E	Huntington Room 1	Huntington Room 2	Charleston Room
	D1 - Trauma 101 and Role in SUD / OUD	D2 - Compassion Fatigue	D3 - Responding to OD Survivors; ED-based Peers (2 of 2)	D4 - Bringing Baby Home: What to Expect from Hospital to Home and Beyond	QRT Meeting (Closed Meeting)
6:00 pm - 7:00 pm	Networking Dinner (Conference Room A, B, C)				
7:00 pm - 8:00 pm	Medication-Assisted Recovery Services (MARS) Meeting (Wheeling Room) Everyone Welcome				

WEDNESDAY, April 17, 2019						
6:00 am - 7:00 am	All Paths to Recovery Meeting (Wheeling Room) Everyone Welcome					
7:30 am - 8:30 am	Registration (Conference Center Lobby)					
8:30 am - 9:30 am	KEYNOTE: Shelter from the Storm: the Role of Recovery Residences in Comprehensive Recovery Support Systems (Conference Room A, B, C) David Sheridan, President, National Alliance for Recovery Residences (NARR)					
9:30 am - 9:45 am	Break (Conference Center Lobby) Resource Room (Braxton Room)					
9:45 am - 10:45 am	BREAKOUT SESSION E					
	Conference Room D	Conference Room E	Huntington Room 1	Huntington Room 2	Beckley Room	
	E1 - Motivational Interviewing: Helping People Change (1 of 3)	E2 - Ethics and Boundaries for Peers (repeat session A2)	E3 - Peers in the Justice System - Looking through the Eyes of the Administration and the Peers (repeat session A3)	E4 - Responding to OD Survivors; ED-based Peers (1 of 2) (repeat session C3)	WVARR Training for Recovery Housing Operators and Stakeholders (Closed Meeting) (1 of 3)	
10:45 am - 11:00 am	Break (Conference Center Lobby) Resource Room (Braxton Room)					
11:00 am - 12:00 pm	BREAKOUT SESSION F					
	Conference Room D	Conference Room E	Huntington Room 1	Huntington Room 2	Charleston Room	Beckley Room
	F1 - Motivational Interviewing: Helping People Change (2 of 3)	F2 - Ethics and Boundaries Case Examples (repeat session B2)	F3 - Re-Entering Offenders - Connecting with Resources (repeat session B3)	F4 - Responding to OD Survivors; ED-based Peers (2 of 2) (repeat session D3)	F5 - What Peer Supports for Adolescents Looks Like and Where We Are Going in WV	WVARR Training for Recovery Housing Operators and Stakeholders (Closed Meeting) (2 of 3)
12:00 pm - 1:30 pm	Lunch - Paths to Certification and Funding (Conference Room A, B, C) Jeffrey Lane MA, WV DHHR Bureau for Medical Services; Greg Perry, PR, WV Certification Board for Addiction and Prevention Professionals (WVCBAPP); Meghan Shears, AFI, WVCARES, WV DHHR Office of Inspector General; Marc Jackson, PR, WV Association of Alcoholism and Drug Abuse Counselors, Inc. (WVAADC)					
1:30 pm - 3:00 pm	BREAKOUT SESSION G					
	Conference Room D	Conference Room E	Huntington Room 1	Huntington Room 2	Charleston Room	Beckley Room
	G1 - Motivational Interviewing: Helping People Change (3 of 3)	G2 - Medicaid SUD Waiver Peer Recovery Support Services 101	G3 - Peers with Special Populations: LGBTQ, Veterans	G4 - Working with Parents of a Recoveree	G5 - Shining the Light, Ending the Stigma	WVARR Training for Recovery Housing Operators and Stakeholders (Closed Meeting) (3 of 3)



# KEYNOTE SPEAKERS



## **William Stauffer, LSW, CCS, CADC**

*Executive Director, Pennsylvania Recovery Organization – Alliance (PRO-A)*

### **Keynote: Recovery As the Expected Outcome**

William Stauffer is the Executive Director of Pennsylvania Recovery Organization – Alliance (PRO-A), the statewide recovery organization of Pennsylvania. He is a person in long term recovery since age 21. A lifelong resident of Pennsylvania, Mr. Stauffer has nearly 3 decades of clinical and recovery focused experience in the drug and alcohol service system operating outpatient and residential treatment facilities. His efforts have focused on improving public policy to support treatment and recovery efforts for individuals, families, and communities impacted by substance use conditions.

He currently co-chairs the public policy committee for Faces & Voices of Recovery the national recovery organization. In January 2018, he met with the Acting Director of the White House Office of National Control Policy and Pennsylvania Lt. Governor Mike Stack to discuss creating ways for persons to clear historic legal records. He has testified in front of the U.S. Senate Special Committee on Aging on the impact of the opioid epidemic on older adults at the invitation of U.S. Senator Bob Casey. He is a graduate of the Kutztown University School of Social Work Graduate program. Mr. Stauffer is also an adjunct professor of Social Work at Misericordia University in Dallas Pennsylvania.



## **David Sheridan**

*President, National Alliance for Recovery Residences (NARR)*

### **Keynote: Shelter from the Storm: The Role of Recovery Residences in Comprehensive Recovery Support Systems**

Dave Sheridan currently serves as President of the National Alliance for Recovery Residences. He is a national speaker and writer with a primary focus on the development and operation of statewide recovery housing systems. His work with NARR includes technical assistance and other work related to the establishment of statewide recovery housing support systems. He is also an advocate and resource on fair housing issues. Dave is a seasoned executive in the institutional investment field including asset management and product development, capital structure, business combinations, new venture financing and business planning. His behavioral health industry experience includes CFO and Chief Operating Officer positions with a prominent Southern California addiction treatment provider. Dave also serves on the board of the Chandler Lodge Foundation, a men's recovery residence and community center in North Hollywood, California.



## SESSION DESCRIPTIONS

### Monday, April 15, 2019

**6:00 pm - 8:30 pm**

**Registration (Conference Center Lobby)**

**7:00 pm - 9:00 pm**

**Evening Networking Ice Cream Reception  
(Conference Room A, B, C)**

### Tuesday, April 16, 2019

**7:30 am - 8:30 am**

**Registration (Conference Center Lobby)**

**8:30 am - 9:30 am**

**Welcome & Opening (Conference Room A, B, C)**

*Bob Hansen, Director, WV DHHR Office of Drug Control Policy; Christina Mullins, Commissioner, WV DHHR Bureau for Behavioral Health*

**Keynote: Recovery as the Expected Outcome (Conference Room A, B, C)**

*William Stauffer, LSW, CCS, CADC, Executive Director, Pennsylvania Recovery Organization – Alliance (PRO-A)*

This session is intended to provide attendees insight into substance use as a brain condition, recovery and the importance of the therapeutic alliance in the recovery process and the importance of embracing long term care models.

**9:30 am - 9:45 am**

**Break (Conference Center Lobby)  
Resource Room (Braxton Room)**

**9:45 am - 10:45 am**

**BREAKOUT SESSION A**

**A1 - Motivational Interviewing: Helping People Change (1 of 3) (Conference Room D)**

*William Webb, PhD, LICSW, MAC, BCD, Oasis Behavioral Health Services, LLC*

This training will introduce the participants

to the general principles of the stages of change and provide instruction in using the micro skills of Motivational Interviewing to effectively move people through those stages to their desired goals. Motivational Interviewing (MI) is a directive, client-centered approach that enhances motivation for change by helping individuals clarify and resolve their ambivalence about change, and by eliciting change language. It is based on the principles of collaboration, evocation, and antonymy, while supporting self-efficacy. This approach has shown good outcomes in clinical research with diverse client populations. It is especially effective in working with resistant clients. MI is essentially a conversation about CHANGE!

This half-day training is designed to provide a broad overview of the entire system of Motivational Interviewing. However, the specific focus for this introductory session will be on conveying the spirit and major principles of the model. Recent research has demonstrated that retention and proficiency of practical application of MI is significantly enhanced by follow-up sessions, which include a review of the work samples and MI coaching.

**A2 - Ethics and Boundaries for Peers  
(Conference Room E)**

*Fell Cadwallader, CRPA, Meaningful Trainings*  
Beginning with a historical perspective of ethics, this session provides a base for exploring the current landscape of ethical responsibility and boundary management, specifically as it relates to the delivery of peer support services.

**A3 - Peers in the Justice System - Looking through the Eyes of the Administration and the Peers (Huntington Room 1)**

*Michelle Akers, MA, Southwestern Regional Day Report Center; Ashley Bledsoe, MA, Southwestern Regional Day Report Center; Debbie Hissom, RN, BSN, CCHP, WV*

#### *Division of Corrections and Rehabilitation*

This presentation will address the issues related to administration's role in supporting Peer Support Specialists. The session will target a variety of issues related to supervision, management, support, and role clarity. Lastly, we will discuss the importance of the Peer Support Specialist and discuss how a program can utilize them best.

#### **A4 - Stigma and the Impact on Recovery (Huntington Room 2)**

*William Stauffer, LSW, CCS, CADC, Pennsylvania Recovery Organization – Alliance (PRO-A)*

There is a deep stigma surrounding substance use disorders, with far reaching consequences for our society. Understanding and changing the way society sees persons with substance use disorders is fundamental to healing at the level of individual, family and community. This training will explore stigma and how to improve negative public perceptions about substance use disorders and those of us who have SUDs.

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#### **QRT Meeting (Closed Meeting) (Charleston Room)**

**10:45 am - 11:00 am**  
**Break (Conference Center Lobby)**  
**Resource Room (Braxton Room)**

**11:00 am - 12:00 pm**  
**BREAKOUT SESSION B**

#### **B1 - Motivational Interviewing: Helping People Change (2 of 3) (Conference Room D)**

*William Webb, PhD, LICSW, MAC, BCD, Oasis Behavioral Health Services, LLC (See Session A1 for description.)*

#### **B2 - Ethics and Boundaries Case Examples (Conference Room E)**

*Blair Jennings, CRPA, Meaningful Trainings*  
This session invites participants to explore the ethical and boundary considerations that exist within a variety of scenarios. Utilizing an ethical decision-making framework and prompts, small groups will engage

in discussion to distill and articulate their perspectives. Facilitators will capture and contrast these with the actual outcome for the scenario presented.

#### **B3 - Re-Entering Offenders - Connecting with Resources (Huntington Room 1)**

*Elly Donahue, PRSS, Southwestern Regional Day Report Center; Marc Jackson, PR, Harrison County Community Corrections; Cody Ramsey, PR, WV Division of Corrections and Rehabilitation; Arron Walker, RC, PR, Recovery Point; Jedidiah Walls, MS, KISRA*

This panel will discuss how peers help prepare for community re-entry, how they identify community resources and support access to resources.

#### **B4 - Supervising Peers and Integrating Peer Resource Toolkits (Huntington Room 2)**

*Fell Cadwallader, CRPA, Meaningful Trainings*  
Sustainable change is most often a result of incremental improvement as opposed to radical transformation. As organizations chart their unique path into the world of Recovery Oriented Systems of Care and peer supported recovery, there is much to be learned from the last decade. Session participants will be offered an overview of available resources and toolkits from early adopters, thought leaders, health systems and governments who are transforming the landscape of recovery support service across the country.

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#### **QRT Meeting (Closed Meeting) (Charleston Room)**

**12:00 pm - 1:30 pm**  
**Lunch and Panel: All Paths to Recovery/ Incorporating MAT Into Peer Recovery Support Services (Conference Room A, B, C)**

*Karen Dominick, PRSS, FMRS Health Systems, Inc.; Dan McCawley, PR, WV PEERS, Lou Ortenzio, MD, Clarksburg Mission*  
Join our lunch panel of three peer coaches who will tell their story of recovery, how they came to be a peer recovery coach, and how their work embraces all paths to recovery (including MAT).



**1:30 pm - 3:00 pm**  
**BREAKOUT SESSION C**

**C1 - Motivational Interviewing: Helping People Change (3 of 3) (Conference Room D)**

*William Webb, PhD, LICSW, MAC, BCD, Oasis Behavioral Health Services, LLC*  
(See Session A1 for description.)

**C2 - Ethics and Boundaries for Supervisors (Conference Room E)**

*Blair Jennings, CRPA, Meaningful Trainings*  
The session will explore a framework for establishing and maintaining appropriate ethical guidelines for the peer supervisor. Participants will be encouraged to explore how established organizational boundary management practices intersect with the delivery of peer supported recovery services. A key consideration is maintaining fidelity to the non-clinical nature of the peer professional and the role of the supervisor in that outcome.

**C3 - Responding to OD Survivors; ED-based Peers (1 of 2) (Huntington Room 1)**

*April Baisden, MD, St. Mary's Medical Center; Tanya Brace, MHS, CADC, Project Engage; John Czartorjiskij, CADC, Christiana Care Health Systems; Taucha Miller, RN, BSN, St. Mary's Medical Center*  
This session will focus on the benefit of peer coaches in ED based services. Peer coaches have a pivotal function in this unique environment by providing information to the medical staff, referring patient to vital SUD services, developing alliance with challenging patients, and role modeling hope of recovery. In addition, this session will discuss best practices and lessons learned.

**C4 - Overview: Treating SUD in the Pregnant and Postpartum Population (Huntington Room 2)**

*Jaime Cantley, MHA, ADCS, CCM, NCAC2, Residential Substance Use Disorder Services, FMRS Health Systems, Inc.; Canberrela Cooley, PRC, ACE Program Drug Free Mom and Baby; Karen Dominick,*

*PRSS, FMRS Health Systems, Inc.*  
This session will cover the following topics related to the pregnant and postpartum women: (1) Overview: Treating SUD Among Pregnant and Postpartum Women - An overview of the scope of the problem, evidence-based treatment for the population, and barriers to treatment faced by the population. (2) Strategies for Reaching and Engaging Women - Meeting women where they are and ways she is getting the word out and working in the community. (3) What's My Role? Navigating Specifics When You Are Part of a Multi-Disciplinary Team - Discussion of how they learned to figure out their respective roles and work together.

**QRT Meeting (Closed Meeting) (Charleston Room)**

**3:00 pm - 3:15 pm**  
**Break (Conference Center Lobby)**  
**Resource Room (Braxton Room)**

**3:15 pm - 4:45 pm**  
**BREAKOUT SESSION D**

**D1 - The Magic of Adaptation: Trauma Informed Practices Across Multiple Settings (Conference Room D)**

*Marianna Linz, Ph.D., Department of Psychology, Marshall University*  
The session will focus on describing the developmental and behavioral impacts of trauma. Implications for best practices across multiple settings will be discussed.

**D2 - Compassion Fatigue (Conference Room E)**

*Fell Cadwallader, CRPA, Meaningful Trainings*  
Few professionals disagree that burn-out is real and can have dire consequences if not addressed. This session contrasts the typical instructional nature of self-care advice (eat well, consistent sleep, exercise, etc.) with a spacious framework for the ongoing development of effective, sustainable and above all uniquely personal practices of wellness.

Session attendees will explore the ethical imperative of self-care for the professional caregiver as it informs individual agency and development of a personal practice of wellness.

**D3 - Responding to OD Survivors; ED-based Peers (2 of 2) (Huntington Room 1)**

*April Baisden, MD, St. Mary's Medical Center; Tanya Bracey, MHS, CADAC, Project Engage; John Czartoriskij, CADAC, Christiana Care Health Systems; Taucha Miller, RN, BSN, St. Mary's Medical Center*  
(See Session C3 for description.)

**D4 - Bringing Baby Home: What to Expect from Hospital to Home and Beyond (Huntington Room 2)**

*Janine Breyel, BA, WV Perinatal Partnership; Canberrela Cooley, PRC, ACE Program Drug Free Mom and Baby; Misty McGlothlin, PR, Recovery Point WV / Thomas Health Systems (DFMB); Molly McMillion, RN, IBCLC, LCCE, CPST, WV Perinatal Partnership*

This session is divided into three topics:

(1) Advocating for Your Moms - Recovery coaches will discuss recognizing moms' needs/stressors and helping them through them (including dealing with stigma and judgment from health care personnel).  
(2) Helping Moms prepare for Childbirth and Infant Care / NAS, What to Expect at Hospital, Caring for Baby at Home - This session will provide information on how the recovery coach can support new moms by preparing them for what will happen at the hospital, understanding NAS and empowering them to be the best caregivers for their newborns.  
(3) Self-Care While Caring for Moms and their Infants.

**QRT Meeting (Closed Meeting) (Charleston Room)**

**6:00 pm - 7:00 pm**  
**Networking Dinner (Conference Room A, B, C)**

**7:00 pm - 8:00 pm**  
**Medication-Assisted Recovery Services (MARS) Meeting (Wheeling Room - 2nd Floor, North Tower)**  
Everyone Welcome

**Wednesday, April 17, 2019**

**6:00 am - 7:00 am**  
**All Paths to Recovery Meeting (Wheeling Room - 2nd Floor, North Tower)**  
Everyone Welcome

**7:30 am - 8:30 am**  
**Registration (Conference Center Lobby)**

**8:30 am - 9:30 am**  
**Keynote: Shelter from the Storm: The Role of Recovery Residences in Comprehensive Recovery Support Systems (Conference Room A, B, C)**  
*David Sheridan, President, National Alliance for Recovery Residences (NARR)*  
Recovery residences have existed for over a century. They play a vital role in recovery for tens of thousands of individuals each year, yet are poorly understood by consumers and the general public. Despite that lack of general understanding and acceptance, the past decade has seen a tremendous expansion in the number and variety of residences, and also the development of national best practice standards.

Participants will discover the basic elements of recovery residences – the services they offer, the populations they serve, and how the demand for standards and accountability is being met. Participants will also learn about the roles addiction professionals and peer specialists can play in helping individuals in need of recovery housing locate residences that will meet their needs.

**9:30 am - 9:45 am**  
**Break (Conference Center Lobby)**  
**Resource Room (Braxton Room)**

**9:45 am - 10:45 am**  
**BREAKOUT SESSION E**

**E1 - Motivational Interviewing: Helping People Change (1 of 3) (Conference Room D)**

*William Webb, PhD, LICSW, MAC, BCD, Oasis Behavioral Health Services, LLC*  
(See Session A1 for description.)

**E2 - Ethics and Boundaries for Peers (repeat session A2) (Conference Room E)**

*Fell Cadwallader, CRPA, Meaningful Trainings*  
(See Session A2 for description.)

**E3 - Peers in the Justice System - Looking through the Eyes of the Administration and the Peers (repeat session A3) (Huntington Room 1)**

*Michelle Akers, MA, Southwestern Regional Day Report Center; Ashley Bledsoe, MA, Southwestern Regional Day Report Center; Debbie Hissom, RN, BSN, CCHP, WV Division of Corrections and Rehabilitation*  
(See Session A3 for description.)

**E4 - Responding to OD Survivors; ED-based Peers (1 of 2) (repeat session C3) (Huntington Room 2)**

*April Baisden, MD, St. Mary's Medical Center; Tanya Bracey, MHS, CADC, Project Engage; John Czartorijskij, CADC, Christiana Care Health Systems; Taucha Miller, RN, BSN, St. Mary's Medical Center*  
(See Session C3 for description.)

**WVARR Training for Recovery Housing Operators and Stakeholders (Closed Meeting) (Beckley Room)**

*Emily Birckhead, WV Alliance of Recovery Residences (WVARR); David Sheridan, National Alliance for Recovery Residences (NARR)*  
Recovery Residences are vital for initiating and sustaining long-term recovery. Many thousands exist in the United States, including hundreds in West Virginia. Recovery homes are easy to open, but experienced providers know that delivering consistently good service is challenging. The public has no way to know which homes actually deliver quality services.

National Alliance of Recovery Residences (NARR): In recent years a set of national recovery housing standards and ethics have emerged and have been adopted in several states. They are maintained by the National Alliance for Recovery Residences (NARR). NARR has recently chartered the West Virginia Alliance of Recovery Residences (WVARR) to bring these standards here.

West Virginia Alliance of Recovery Residences (WVARR): WVARR will certify West Virginia recovery housing providers to ensure availability of quality recovery housing for all people seeking a life of recovery. Each WVARR-certified residence will have completed a thorough application process, including peer review of policies and procedures and an on-site home inspection.

1. Learn about the evolution of recovery housing best practices, and value of recovery housing certification.
2. Meet West Virginia's new NARR affiliate, the West Virginia Alliance of Recovery Residences, and their plans for implementing statewide recovery housing certification consistent with best practices.
3. Discover the benefits of being part of a national movement to improve the practice of recovery housing.

**10:45 am - 11:00 am**  
**Break (Conference Center Lobby)**  
**Resource Room (Braxton Room)**

**11:00 am - 12:00 pm**  
**BREAKOUT SESSION F**

**F1 - Motivational Interviewing: Helping People Change (2 of 3) (Conference Room D)**

*William Webb, PhD, LICSW, MAC, BCD, Oasis Behavioral Health Services, LLC*  
(See Session A1 for description.)

**F2 - Ethics and Boundaries Case Examples (repeat session B2) (Conference Room E)**

*Blair Jennings, CRPA, Meaningful Trainings*  
(See Session B2 for description.)

**F3 - Re-Entering Offenders - Connecting with Resources (repeat session B3) (Huntington Room 1)**

*Elly Donahue, PRSS, Southwestern Regional Day Report Center; Marc Jackson, PR, Harrison County Community Corrections; Cody Ramsey, PR, WV Division of Corrections and Rehabilitation; Arron Walker, RC, PR, Recovery Point; Jedidiah Walls, MS, KISRA (See Session B3 for description.)*

**F4 - Responding to OD Survivors; ED-based Peers (2 of 2) (repeat session D3) (Huntington Room 2)**

*April Baisden, MD, St. Mary's Medical Center; Tanya Bracey, MHS, CADC, Project Engage; John Czartorijskij, CADC, Christiana Care Health Systems; Taucha Miller, RN, BSN, St. Mary's Medical Center (See Session C3 for description.)*

**F5 - What Peer Supports for Adolescents Looks Like and Where We Are Going in WV (Charleston Room)**

*Kim Harrison, MA, LSW, PLC, WV DHHR Bureau for Behavioral Health; Rhonda Henning, MA, LSW, PLC, Regional Youth Service Center - Pretera Center; Tracy King LCSW MSW, FMRS Health Systems, Inc.; Telisha Lockwood, Region 4 Tomorrow, Regional Youth Services*

We will be taking a look at an adolescent peer support certification in another state, evidence based peer models, and what WV is currently doing through the Regional Youth Services Centers (RYSC) which is funded by BBH. They will be speaking about the position, Regional Youth Recovery Specialist related to their "peerness," work experience, training, and supervision.

**WVARR Training for Recovery Housing Operators and Stakeholders (Closed Meeting) (Beckley Room)**

**12:00 pm - 1:30 pm**

**Lunch - Paths to Certification and Funding (Conference Room A, B, C)**

*Jeffrey Lane MA, WV DHHR Bureau for Medical Services; Greg Perry, PR, WV Certification Board for Addiction and Prevention Professionals (WVCBAPP); Meghan Shears, AFI, WVCARES, WV DHHR Office of Inspector General; Marc Jackson, PR, WV Association of Alcoholism and Drug Abuse Counselors, Inc. (WVAADC)*

This lunch panel will provide an overview of the existing landscape for Peer Recovery credentialing in the state of West Virginia.

**1:30 pm - 3:00 pm**

**BREAKOUT SESSION G**

**G1 - Motivational Interviewing: Helping People Change (3 of 3) (Conference Room D)**

*William Webb, PhD, LICSW, MAC, BCD, Oasis Behavioral Health Services, LLC (See Session A1 for description.)*

**G2 - Medicaid SUD Waiver Peer Recovery Support Services 101 (Conference Room E)**

*Jeffrey Lane MA, WV DHHR Bureau for Medical Services*

Session features a PowerPoint presentation about Peer Recovery Support Services as covered under the 1115 Substance Use Disorder Demonstration Waiver including definitions, documentation requirements, PRSS services/activities and billing for reimbursement.

**G3 - Peers with Special Populations: LGBTQ, Veterans (Huntington Room 1)**

*Heather Brown, PhD, Louis A Johnson VA Medical Center and Linda Fravel LICSW, AADC, ICGC-I, Louis A Johnson VA Medical Center; Rosemary Ketchum, BS, NAMI Greater Wheeling*

This panel presentation will assist Peer Recovery Providers and their supervisors in understanding resources and cultural issues in working with special populations. This session seeks to enhance understanding of the unique challenges experienced

in particular by individuals who identify as LGBTQ+, and people who are Veterans. The panel will discuss what resources are in West Virginia, how peer recovery providers in the community can access such resources, how peer recovery providers can initiate discussions with veterans or with individuals who identify as LGBTQ+, and where to access further training.

**G4 - Working with Parents of a Recoveree  
(Huntington Room 2)**

*Blair Jennings, CRPA, Meaningful Trainings*

This workshop explores resources and tools to support those often most affected (parents, family, etc.) by the ravages of addictive behaviors. The facilitator will present and explore specific skills that help advance the recognition, acceptance and support of recovery within the family and wider community. Participants will apply peer-supported recovery concepts and resources in support of the family affected.

**G5 - Shining the Light, Ending the Stigma  
(Charleston Room)**

*Amy Gamble, MA, National Alliance on Mental Illness (NAMI) Greater Wheeling*

A presentation designed to highlight the stigma of mental illness and substance use disorders, while offering information about Mental Health First Aid classes that will benefit the audience to better understand mental illness and substance use disorders.

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**WVARR Training for Recovery Housing  
Operators and Stakeholders (Closed Meeting)  
(Beckley Room)**



## PRESENTER BIOGRAPHIES



### **Michelle Akers, MA**

#### *Southwestern Regional Day Report Center*

Michelle is a licensed clinical psychologist with over 10 years of experience working with persons involved with the criminal justice system. Michelle is the Executive Director of the Southwestern Regional Day Report Center (SRDRC) serving Boone, Lincoln, Logan and Mingo Counties. The SRDRC provides intensive outpatient substance abuse treatment, case management, drug screening, and life skill development to offenders referred by the local court systems. Michelle helped to develop the Logan County Drug Court in 2007 and has served on the treatment team since its inception. Michelle holds a Master of Arts degree from West Virginia University in the field of clinical psychology. She has practiced psychology in southwestern West Virginia since 1995.



### **April Baisden, MD**

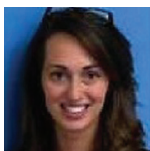
#### *St. Mary's Medical Center*

April Baisden, MD, has been with St. Mary's Medical Center psychiatry services since 2017. She is a graduate from Marshall University and is certified in internal medicine and psychiatry. She has been practicing in the area for 14 years and has recently taken on the position of Medical Director of the Opioid Addiction Program at St. Mary's Medical Center. She is proudly serving as a leader on the front line of fighting this nationwide epidemic.

### **Emily Birkhead**

#### *West Virginia Alliance of Recovery Residences (WVARR)*

Emily Birkhead is the executive director of the West Virginia Alliance of Recovery Residences, which has been tasked with implementing nationally-accepted best practice standards and ethical guidelines for non-treatment recovery homes in the state. She graduated from WVU with her BS in Political Science and is currently working on her Master of Social Work Degree with Marshall University. She is certified as both a CCAR Peer Recovery Coach and 200-RYT (Registered Yoga Teacher). Emily has previously worked as a Recovery Coach with the Partnership of African American Churches and as an AmeriCorps VISTA with Try This WV. She has also supported the development of organizations like WVU's Collegiate Recovery Program and WV Recovers, an integrated, statewide peer recovery network for people with mental health and substance use disorders. Emily serves on the Board of Directors for the Kanawha Pastoral Counseling Center(KPCC), the West Virginia Association of Alcoholism and Drug Abuse Counselors (WVAADC), and WV Recovers.



### **Ashley Bledsoe, MA**

#### *Southwestern Regional Day Report Center*

Ashley Bledsoe is a clinical psychologist completing her final year of supervision who works in community corrections in Logan County, WV, serving as the Clinical Director for the Southwestern Regional Day Report Center (SRDRC). The SRDRC supports the court system in providing intensive outpatient substance abuse treatment, case management, drug screening, and life skill development to offenders of Boone, Lincoln, Logan, and Mingo Counties in West Virginia. Ms. Bledsoe began working in community corrections in 2013 and has had the opportunity of working with programs such as Drug Court, federal parole, probation, and the Justice Reinvestment Act Treatment Supervision. Recently Ms. Bledsoe and her organization were awarded the Comprehensive Opioid Abuse Program grant funded by the 2016 Comprehensive Addiction and Recovery Act (CARA). With this grant Ms. Bledsoe and the SRDRC plan to diversify treatment opportunities for those within their program affected by the opioid epidemic.



## PRESENTER BIOGRAPHIES

Coming from a family directly affected by addiction, Ms. Bledsoe, a native of West Virginia, is passionate about supporting those seeking to make positive change within their life. Ms. Bledsoe holds Bachelor's and Master's Degrees in Psychology from Marshall University. She works daily on treatment teams and with community organizations to connect her clients to the necessary resources that will help them move forward from a life of addiction to a life of recovery.

### **Tanya Bracey, MHS, CADC**

#### *Project Engage*

Tanya Bracey is Clinical Program Manager of Project Engage and Director of SOS. Previous experience has included working on Assertive community team and directing SUD programs in several Delaware correctional systems.



### **Janine Breyel, BA**

#### *West Virginia Perinatal Partnership*

Janine Breyel directs the substance use in pregnancy initiatives for the West Virginia Perinatal Partnership. She coordinates the statewide Substance Use in Pregnancy committee, directs the Drug Free Moms and Babies project and manages the Tobacco Free Families Advisory Council. She works closely with West Virginia health care providers and state policymakers on programs and policies aimed at improving the health of mothers and babies in WV, especially those impacted by substance use disorder and tobacco use.

### **Heather Brown, PhD**

#### *Louis A Johnson VA Medical Center*

Dr. Brown received her undergraduate degree in Psychology from Eastern Illinois University in 1985. She received her Master's Degree in Clinical-Community Psychology from Bradley University in 1987, and her PhD in Counseling Psychology from West Virginia University in 2001. She is licensed as both a Psychologist and a Professional Counselor in West Virginia, and is a nationally Certified Employee Assistance Professional (CEAP). Dr. Brown has worked in the fields of community mental health, domestic violence, child abuse, and employee assistance. She has been employed at the Louis A. Johnson VA Medical Center in Clarksburg, West Virginia since 2001. Since 2007, she has been in the role of Supervisory Program Specialist/Local Recovery Coordinator.



### **Fell Cadwallader, CRPA**

#### *Meaningful Trainings*

After working in his community for more than a decade as a sponsor in local twelve step groups (NA/AA), Fell was led toward a deeper involvement in recovery work. His growing understanding and articulation of recovery principles and ideals would eventually lead to development of the MT Recovery Professional Series®, an experiential skills development and CE resource designed specifically for the non-clinical recovery coach professional. A key message within the workshop series is the critical differences between mutual-aid society sponsorship, recovery coaching and clinical addiction treatment. Fell has been an ardent supporter of and advocate for recovery specific training, education and differentiation as a resource for the individuals and communities seeking support while forging a life of recovery and wellness.

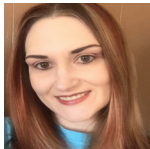
In support of continued professionalism for the emerging designation of Recovery Coach/Peer Support Specialist, Fell became a CCAR trained Recovery Coach and CCAR Core Trainer. In 2015 he achieved the credential of Certified Recovery Peer Advocate (CRPA) in the State of New York.

## PRESENTER BIOGRAPHIES



A CRPA is a person who provides outreach, advocacy, mentoring and recovery support services to those seeking or sustaining recovery.

As a successful entrepreneur and business owner, Fell is sought-after for his skills as a facilitator and catalyst. His personal motto aligns beautifully with his strategic coaching goals for individuals, whether in recovery or engaged in community & business development: only by cultivating the heart of a child will one achieve lasting success.



### **Jaime Cantley, MHA, ADCS, CCM, NCAC2**

*FMRS Health Systems Inc.*

Jaime is currently employed as the Director of Residential Substance Use Disorder Services at FMRS in Beckley, W.V., which includes Turning Point for Families, a facility for PPW with a SUD and their infants. She is the current President of the West Virginia Certification Board for Addiction and Prevention Professionals and co-chair of certification committee.



### **Canberrela "Candy" Cooley, PRC**

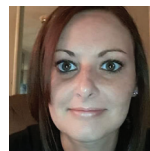
*ACE Program Drug Free Mom and Baby*

Canberrela "Candy" Cooley is a peer recovery coach for WVU Obstetrics and Gynecology Department's Drug Free Moms and Babies Program, also known as the ACE Program. She also acts a recovery resource navigator for the Helping Appalachian Parents and Infants program (HAPI). Candy is CCAR trained and has been in recovery for over seven years. She will also soon be certified in tobacco cessation. In her spare time, she enjoys spending time with her son and two dogs, doing henna body art, and watching horror movies.

### **John Czartorjiskij, CADC**

*Christiana Care Health Systems*

John is the Lead Peer Engagement Specialist for Project Engage at Christiana Care Health Systems. He has past experience working directly with patients in many different levels of care, from inpatient treatment to outpatient medication assisted treatment. He is currently a student at the University of Delaware.



### **Karen Dominick, PRSS**

*FMRS Health Systems Inc.*

I am recovering addict with 5 years of sobriety. I am a board Certified Peer Recovery Support Specialist with both WVCBAPP and IC & RC. I currently work as a Peer Recovery Coach at FMRS in Beckley, WV and have held my credentials and position there going on 2 years. I am passionate about peer recovery and the services and perspectives it brings to SUD treatment.



### **Elly Donahue, PRSS**

*Southwestern Regional Day Report Center*

Elly Donahue is a native of West Virginia, with lived experience in addiction and recovery. With 7 years of sobriety, Mrs. Donahue is well oriented in 12 step programs, as well as, other recovery practices. She has worked with the Southwestern Regional Day Report Center (SRDRC) as a Peer Recovery Support Specialist (PRSS) since 2017. Mrs. Donahue works closely with programs such as Drug Court, probation, and DHHR, providing individual's assistance with case management and educational needs, relapse prevention, and emotional support; as well as modeling a life of recovery to her clients. As a 2013 Drug Court graduate, Mrs. Donahue has survived the grips of addiction, and is thriving in recovery. In her recovery, Mrs. Donahue has made many achievements



## PRESENTER BIOGRAPHIES

such as becoming Project Coordinator for Lincoln County Prevention Coalition from 2014 through 2017. She recently attained a certification through WVCBAPP to become a Peer Recovery Support Specialist. In addition, Mrs. Donahue works hand in hand with her previous probation officer and judge to make a difference in the recovery community.



**Linda Fravel, LICSW, AADC, ICGC-I**

*Louis A Johnson VA Medical Center*

Linda Fravel received her undergraduate degree in Community Psychology from Fairmont State University in 1988. She received her Master's Degree in Social Work from West Virginia University in 1993. She is a Licensed Independent Clinical Social Worker and Certified as both an Advanced Alcohol and Drug Counselor and as an International Certified Gambling Counselor-I. Linda Fravel has worked in the fields of Community Mental Health, Domestic Violence, with the MR/DD population, Children's Mental Health, Substance Use Disorder and Problem Gambling Treatment. She has received certification in evidenced based treatments of Cognitive Behavioral Therapy for Chronic Pain, Motivational Enhancement Therapy, Moral Reconciliation Therapy and Twelve Step Facilitation. She has been employed at the Louis A. Johnson VA Medical Center in Clarksburg, West Virginia since 2006 in the role of Substance Use Disorder Social Worker.



**Amy Gamble, MA**

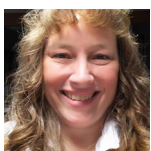
*NAMI Greater Wheeling*

Amy Gamble currently serves as the Executive Director of NAMI (National Alliance on Mental Illness) Greater Wheeling, WV. She is a national, award winning mental health advocate receiving the Voice Award in August 2018 from the Substance Abuse and Mental Health Services Administration. Amy is a Certified Mental Health First Aid instructor and a public speaker. Before working as an advocate she worked in marketing and sales in the pharmaceutical and biotechnology industry for almost 20 years. Amy has an undergraduate degree in communication and a graduate degree in organizational leadership.

**Robert "Bob" Hansen**

Bob Hansen, Executive Director of the Office of Drug Control Policy for the West Virginia Department of Health and Human Resources (DHHR), plans and directs West Virginia's efforts in combating the opioid epidemic. He was appointed to this position in December 2018 by Governor Jim Justice. Bob also serves as the Director of Addiction Services for Marshall Health. Early in his career, Bob served as Director of DHHR's Office of Behavioral Health Services. He then became President and CEO of Pretera Center for Mental Health Services, Inc. of Huntington, West Virginia, where he managed an annual budget of \$44 million and 825 staff members.

Bob has served as a governing board member of Mildred Mitchell-Bateman Hospital, President of the Behavioral Health Care Providers Association of West Virginia, and as a member of the statewide Governor's Advisory Council on Substance Abuse. He earned a B.A. from Marietta College, and an M.S. in Rehabilitation Counseling from Syracuse University.



**Kim Harrison, MA, LSW, PLC**

*Bureau for Behavioral Health*

Kim Harrison has been in the behavioral health field for 22 years. She has a Masters in Clinical Psychology as well as a Licensed Social Worker (LSW) and Temporary Licensed Counselor (PLC). She has worked with children and adolescent to adult populations with mental health, behavioral and emotional disturbance and substance abuse. She has provided a variety of services in the field as well currently she is a Program Manager for the Behavioral Health. She has been with the BBH for almost 8 years working on a variety of grants and projects with adults and children.

## PRESENTER BIOGRAPHIES



### **Rhonda Henning, MA, LSW, PLC**

*Regional Youth Service Center - Prester Center*

I am currently the Regional Youth Coordinator at the Regional Youth Service Center. I have 20 years of experience in the behavioral health field, all of which is rooted in the passion of helping others. I studied psychology at West Virginia State University and Correctional Counseling at Marshall University Graduate College.

### **Debbie Hissom, RN, BSN, CCHP**

*WV DCR*

Registered Nurse since 2003 with experience in Obstetrics and Mental Health/SUD. Started with WVDHR as the Director of Correctional Healthcare in 2011. I have a passion for helping individuals with SUD and look forward to making positive changes in both our DCR facilities and our communities.



### **Manuel "Marc" Jackson, PR**

*Harrison County Community Corrections*

I am Manuel Jackson from Clarksburg, WV. I have been a Certified Peer Recovery Support Specialist for more than 4 years, and I am employed at the Harrison County Community Corrections. I celebrated 15 years of sobriety in January of this year. I have a deep passion for the work I do, and I am always looking for ways to help the individuals I work with, I consider myself a resource broker as I spend lots of time looking for resources to help those I provide services to. I am also on the WVAADC Board of Directors and the WV Workforce Youth Development Committee. I have one grown son and enjoy spending time with family and friends. I have a passion for photography and can usually be found chasing a fire truck or stomping up the side of some mountain in my free time.



### **Blair Jennings, CRPA**

*Meaningful Trainings*

Since the early 70's Blair has been intimately aware of the effects of active addiction. Having been raised in a family beholden to an active alcoholic, the dynamics of the disease shaped Blair in terms of both her strength and her resolve. As a parent, daughter and spouse, Blair has facilitated interventions and treatment as well as sustained recovery. Most importantly she has learned how to identify positive community connections, leveraging them as resources for those moving beyond the bounds of active addiction.

Blair's lifetime of interactions with and observations of addictive behaviors and family dynamics deeply infuse her work as a CCAR trained Recovery Coach and CCAR Core Trainer. In 2015 she achieved the credential of Certified Recovery Peer Advocate (CRPA) in the State of New York. A CRPA is a person who provides outreach, advocacy, mentoring and recovery support services to those seeking or sustaining recovery.

Blair's resume reads as though she has lived two lifetimes in her current existence: Parent, Executive Director of a national non-profit (local branch), Educator, Trainer, Curriculum Developer, Coach are her primary roles. A sought-after trainer and provocateur Blair welcomes curiosity and thoughtful connection.





## PRESENTER BIOGRAPHIES



### **Rosemary Ketchum, BS**

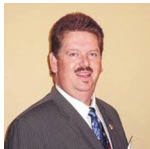
*NAMI Greater Wheeling*

Rosemary works in Wheeling as the Associate Director of the NAMI Marian House center for persons with mental illness. As a community advocate in Wheeling, Rosemary helps create community solutions through collaboration, focusing on the social and economic challenges facing the State of West Virginia. Rosemary is a member of the Board of Directors of the ACLU of West Virginia and the president of the ACLU of the Northern Panhandle Chapter. In 2018 Rosemary was awarded the Community Superstar of the Year award by the West Virginia Healthy Kids and Families Coalition.

### **Tracy King, LCSW, MSW**

*FMRS Health Systems, Inc.*

Tracy King is the Director of Children's Services at FMRS Health Systems. She is a native of Fayette County, WV. Tracy graduated from West Virginia University, with a bachelor's degree in Psychology in 1990. That same year, she began her career working at Family Service Association's Odyssey Group Home for Girls in Morgantown. It was during this first experience working with troubled youth that she discovered her passion for working with children that have experienced trauma. Tracy went on to work with youth transitioning into adulthood and supervised the Transitional Living and Wraparound programs for Family Service Association during the late 90's. In February of 2000, Tracy returned to southern WV and began working as a Family Service Coordinator with FMRS Health Systems. Since that time Tracy has worn many hats at FMRS including: IDD Waiver Program Director; Disaster Response Coordinator; Director of Strategic Initiatives and currently is the Director of Children's Services. Tracy completed her Master of Social Work at WVU Charleston Division, May 2012. Since that time Tracy has become certified to provide Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT). She currently maintains a small case load of children who are recovering from trauma, while balancing administrative duties overseeing 6 different grant initiatives serving children and families. Tracy additionally serves on the Board of Directors for the Women's Resource Center and is a member of the Concord University School of Social Work Advisory Council.



### **Jeffrey Lane, MA**

*WV DHHR Bureau for Medical Services*

Jeffrey S. "Jeff" Lane is the Substance Use Disorder Services Program Manager for the Bureau for Medical Services at the West Virginia DHHR. He is a graduate of Marshall University with a Bachelor's Degree in Psychology (1986) and Master's Degrees in Counseling (1996) and Justice Leadership (1998). Jeff is a former three-term magistrate in Logan County. He also served as a WV State Probation Officer, Substance Abuse Counselor, Regional Youth Specialist and as the Logan County WVU Extension Agent. He currently resides in Chapmanville, WV, with his family. He is church pianist at the First Baptist Church of Chapmanville and plays keyboards for the One Horse Town and Hutchinson Brothers bands.



### **Marianna Linz, PhD**

*Marshall University*

Marianna Footo Linz is currently a Professor and Chair in the Department of Psychology at Marshall University. She holds a master's degree in clinical psychology from Marshall University and a doctorate in developmental psychology from the University of North Carolina at Chapel Hill. Her research and teaching interests include general topics in child development as well as the impacts of substance use on children and families in Appalachia, the impacts of in-utero substance

## PRESENTER BIOGRAPHIES



exposure on later development, and family/systems focused evidence based practices in low resource environments. Dr. Linz has authored/co-authored a number of funded federal grants through HRSA, SAMHSA, and other mechanism for projects related to training in clinical psychology, programs addressing substance abuse and its impacts in children and families, substance abuse treatment, and behavioral health workforce expansion. She served as the director of the APA-accredited doctoral program in clinical psychology (Psy.D.) at Marshall for its first 12 years.



### **Dan McCawley, PR**

#### *WV PEERS*

Dan is a Morgantown, WV native and certified peer recovery support specialist who works as a recovery coach and interventionist across West Virginia. His experience as a person in recovery is invaluable in his role as a PRSS and a manager for West Virginia Sober Living in Morgantown, West Virginia. His extensive management background is well utilized in day-to-day operations as well as client monitoring and program development for Ascension Recovery Services. Dan leads operations of WV PEERS where he focuses his efforts in supervising a team of recovery coaches and maintaining relationships with community partners.



### **Misty McGlothlin, PR**

#### *Recovery Point WV / Thomas Health Systems (DFMB)*

My name is Misty, and I am a person in long term recovery. I am employed by Recovery Point and stationed at Thomas Hospital in the drug free mothers and babies program. Within this program, I have developed a program where women can get the items that they need for themselves and their babies called Grace's Closet. The women in our program who remain in compliance with program rules are rewarded with full access to items in Grace's Closet. Here they can find clothes for interviews as well as any need that they may have for their baby from diapers to car seats and strollers, even things that they may need for other children in their home.



### **Molly McMillion, RN, IBCLC, LCCE, CPST**

#### *West Virginia Perinatal Partnership*

Molly McMillion is a Registered Nurse, International Board Certified Lactation Consultant, Lamaze Certified Childbirth Educator, and Child Passenger Safety Technician. A nurse for 29 years, Molly has served the Greenbrier Valley for 17 years doing lactation consultation and teaching Lamaze Childbirth Classes. She started "Drug Free Mother Baby Greenbrier Valley" a program which has greatly reduced the number of babies exposed to drugs born at GVMC. For the past 5 years she has been a Special Projects Consultant for the West Virginia Perinatal Partnership and is now the Director of The WV Breastfeeding Alliance, the state's breastfeeding coalition. Molly has spoken to numerous groups of providers, maternal child professionals, nursing and medical students as well as foster parents and community members on the topics of Breastfeeding, Smoking Cessation in Pregnancy, Evidence Based Labor Support, Substance Use in Pregnancy and Care of the Substance Exposed Infant.



### **Taucha Miller, BSN**

#### *St. Mary's Medical Center*

Taucha Miller, RN, BSN, has been with St. Mary's Medical Center since 2004 as a full time employee. In her 14 years with the facility, she has worked in different aspects of nursing that include the emergency department, pulmonary nursing, case management, and currently is the Opiate Addiction Nurse Specialist. Within case management, she covered cardiac units,



## PRESENTER BIOGRAPHIES

medical-surgical units, behavioral health, obstetrics, pediatrics, orthopedics, and helped in the development of an access case management role. Her current position allows her the opportunity to be a support to patients in one of their most challenging moments of life. Taucha received her Associate degree in Nursing from St. Mary's School of Nursing/Marshall University in Huntington, WV and her Bachelor's degree in Nursing from Marshall University in Huntington, WV. She is currently working on her Master's degree in nursing at Walden University in Minneapolis, MN.

### **Christina Mullins**

Christina Mullins is the Commissioner for the Bureau for Behavioral Health. Previously, she served as the Director of the Office of Maternal, Child and Family Health, the Director of the Division of Infant, Child and Adolescent Health, the Director of the Breast and Cervical Cancer Screening Program and the Associate Director of the Division of Tobacco Prevention.

In her nearly 20-year tenure with the Department of Health and Human Resources, she has worked to establish West Virginia's youth anti-tobacco campaign, collaborated with a multitude of partners to launch a surveillance system for neonatal abstinence syndrome, and co-authored the 2016 West Virginia Overdose Fatality Analysis. Christina graduated from Marshall University with a master's degree in Clinical Psychology.

### **Lou Ortenzio, MD**

#### *Clarksburg Mission*

Person in Long term recovery; Executive Director of Clarksburg Mission; Ministry Leader of Celebrate Recovery at Clarksburg Baptist Church; State Representative for Celebrate Recovery.

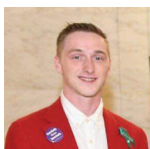


### **Greg Perry, PR**

#### *Recovery Point West Virginia*

A person in long-term recovery first, Greg Perry serves as Director of Recovery Support Services for Recovery Point West Virginia. The position is three-fold: provide oversight and administration for a growing roster (15+) of Peer Recovery Coaches who work in various outside settings across the state; train the public and staff with a WVCBAPP-approved curriculum in order to pursue the PR Credential offered by WVCBAPP; and provide communications/messaging skills utilizing design, photography, and video to carry the organization's message.

Perry is a 2012 graduate of Recovery Point of Huntington. His previous career of two decades (media/communication) now occupies his spare time, doing freelance design, photography, and video for local and regional ad agencies such as the Barnes Agency and Kindred Communications. He is also a FAA Part 107 licensed drone pilot, and does freelance work for national and local companies in this area. Perry also serves on the board of directors for the WV Certification Board for Addiction and Prevention Professionals (WVCBAPP) as a peer, and is currently the president-elect of the board. He resides in Huntington with his wife Jennifer, daughter Julia, and Peanut the cat. When not doing all this other stuff, you will find him knee-deep in various streams in southern WV, pursuing trout with a fly rod.



### **Cody Ramsey, PR**

#### *Division of Corrections and Rehabilitation*

Cody Ramsey is a Peer Recovery Specialist for the DCR. Having 2 years of sobriety and continuously setting and meeting goals. Cody has been able to convey a message of strength, experience, and hope to those that he coaches.

## PRESENTER BIOGRAPHIES



### **Meghan Shears, AFI**

#### *WVCARES*

Meghan Shears is the Director of the WVCARES Unit in the West Virginia Department of Health and Health Resource Office of Inspector General. Meghan has held this position since 2014. Prior to WVCARES, Meghan was the Senior AmeriCorps Program Officer for the State of West Virginia. Meghan has worked with background checks and programs protecting the vulnerable populations in the state for over 10 years. Meghan holds a Bachelor's degree in accounting and a Master's in forensic accounting from the University of Charleston and a Master's in public administration from Marshall University.



### **Arron Walker, RC, PR**

#### *Recovery Point West Virginia*

I've been in recovery for a while. I've been to many different treatments and incarceration. I've been through Peer Recovery Coach with Recovery Point West Virginia. I now work on a grant called Appalachian Re-entry Assistance Program (ARA). I'm the Recovery Coach, which I've done for almost two years now. I work with all DOC and parole through the state.



### **Jedidiah Walls, MS**

#### *KISRA*

Mr. Walls has a Master's of Science degree in Criminal Justice Administration from WV State University and has worked in the community corrections field in West Virginia for the last 6 years. Mr. Walls currently serves as a Re-Entry Specialist for the Appalachian Re-Entry Assistance Program in Kanawha and Cabell Counties. Mr. Walls is also an Adjunct Faculty at West Virginia State University.



### **William Webb, PhD, LICSW, MAC, BCD**

#### *Oasis Behavioral Health Services, LLC*

Dr. Webb received an M.S.W. from West Virginia University in 1978, and a Ph.D. in psychology from Northcentral University in 2000. He has been in private-practice psychotherapy and addictions counseling since 1978. Bill has been the founder and director of Oasis Behavioral Health Services since 1996.

Besides his extensive clinical experience, he supervises social work licensees and those training to become certified addictions counselors. Dr. Webb served as Clinical Associate Professor at Marshall University's Joan C. Edwards Medical School in the Department of Psychiatry from 1980 to 2012. He has provided lectures, consultation services, and supervision for medical students for 20 years. His primary goal in providing services is to grant the greatest respect to all patients with whom he works and strive to understand their suffering, while honoring the value of the individual human spirit. He considers it a privilege to bring his personal skills, expertise, training, and talents to the healing process of those with whom he works.



JOIN THE VOICES  
FOR RECOVERY:

**TOGETHER  
WE ARE  
STRONGER**



[recoverymonth.gov](https://recoverymonth.gov)

## WHAT IS NATIONAL RECOVERY MONTH?

National Recovery Month (Recovery Month) is an annual observance celebrated every September since 1989. In September, and throughout the year, Recovery Month spreads the message that –

- Behavioral health is essential to health.
- Prevention works.
- Treatment is effective.
- People recover.

Refer to the Recovery Month website,  
<https://recoverymonth.gov/about>,  
for additional information on the initiative.

## WHO SPONSORS RECOVERY MONTH?

Recovery Month is sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA), within the U.S. Department of Health and Human Services. SAMHSA collaborates with approximately 200 Recovery Month Planning Partner organizations, who represent local, state, and national organizations dedicated to prevention, treatment, and recovery.

## WHAT IS THIS YEAR'S RECOVERY MONTH THEME?

This year's theme, "Join the Voices for Recovery: Invest in Health, Home, Purpose, and Community," explores how integrated care, a strong community, sense of purpose, and leadership contributes to effective treatments that sustain the recovery of persons with mental and substance use disorders. The observance will work to highlight inspiring stories that help thousands of people from all walks of life find the path to hope, health, and wellness. In addition, the materials support SAMHSA's message that prevention works, treatment is effective, and people can and do recover. Communities can improve the lives of those in recovery by extending opportunities for meaningful daily activities, such as jobs, school, volunteerism, family caretaking, or creative endeavors. Local communities can play a significant role in supporting those in recovery as they gain the independence, income, and resources necessary to fully participate in society.



